

Winter 2012

THE DEAF MESSENGER

An Inspirational Magazine for the Deaf



At that time Jesus came from Galilee to the Jordan River and wanted John to baptize him. But John tried to stop him, saying, “Why do you come to me to be baptized? I need to be baptized by you!” Jesus answered, “Let it be this way for now. We should do all things that are God’s will.” So John agreed to baptize Jesus. As soon as Jesus was baptized, he came up out of the water. Then heaven opened, and he saw God’s Spirit coming down on him like a dove. And a voice from heaven said, “This is my Son, whom I love, and I am very pleased with him.” (Matthew 3:14-17, NCV)

How Important Is Water Baptism?	1
Bible Health	4
Dressed For Success	9
Revelation's Money Meltdown	10
Some Women Are Trying to Be Like a Famous Barbie Doll	13
Vegetarian Recipe	16

The Deaf Messenger magazine is published by:

Three Angels Deaf Ministries

P.O. Box 6114

Mesa, AZ 85216-6114

VP/Voice: 240-241-7218

Fax: 866-986-2122

E-mail:

3adm@3angelsdeafministries.org

Editor: David M. Trexler

Consulting Editors: George Belser,
Esther Doss and Nancy Brown

Unless otherwise noted, Bible verses are from the New International Reader's Version (NIRV)—Copyright 1995 by International Bible Society. Used by permission of Zondervan Publishing House. All rights reserved.

The purpose of this magazine is to inform the deaf reader about such topics as practical Christian living; basic Bible truths; and what the past, present, and future historical events mean to each of us. This magazine attempts to cover spiritual, mental, and physical aspects in its articles and columns.

For Change of Address:

Monday through Thursday

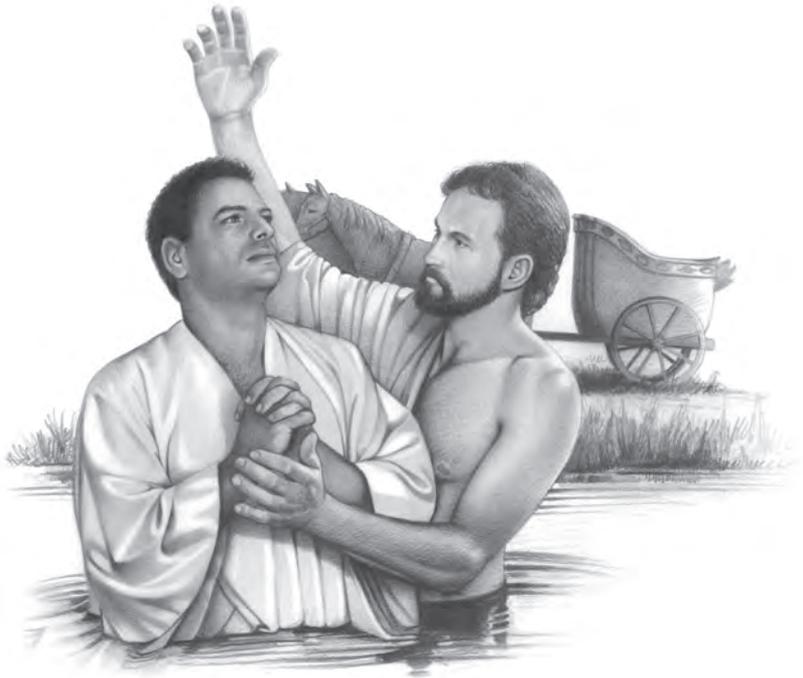
Voice/VP: 240-241-7218

Fax: 866-986-2122

Email: 3adm@3angelsdeafministries.org

How Important Is Water Baptism?

By Paul Kelly



Clipart Collection Vol. 2

What is the meaning and purpose of water baptism? Why is it important? Some people, including some Christians, feel that water baptism is not that important to become a Christian. Some would say that believing in Jesus Christ is sufficient. Let us find out what God has to say about water baptism through the Bible. By then, we will

know and appreciate God's purpose of water baptism.

First of all, what is water baptism? When we come to know God and why Jesus Christ came to die on the cross, we realize our sins and past mistakes we have done to ourselves and to our God. We then want to start a new life in Christ and erase our past. Water baptism by getting immersed (go under

water) is a beautiful symbolic act of telling our family and friends that we want to serve Christ in a new life—we no longer live in our old past life of sins. Paul describes water baptism beautifully in Romans 6:4 (NKJV): “Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.” When we are baptized, we put our faith in Jesus Christ that our sins have been forgiven and cleansed (1 John 1:9).

Why can't we just say that we believe in Jesus Christ who forgives us our past sins and not have to be baptized? God called us to follow Jesus' example (1 Peter 2:21). In Matthew 3:13-17, Jesus shows us an example of His baptism when He came to His cousin John to be baptized. There, God was well pleased with Jesus' baptism. After Jesus was raised from the dead, He appeared to His disciples asking them to go out to all the nations to teach and *baptize* people (Matthew

28:19-20).

What will happen if we choose not to be baptized? Apostle Paul tells in Romans 6:16 (NKJV) that we have a choice to make, either to choose to serve Jesus or Satan: “Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin *leading* to death, or of obedience *leading* to righteousness?” Jesus tells us, “Unless one is born of water and the Spirit, he cannot enter the kingdom of God” (John 3:5). “Born of water” means water baptism. Jesus also tells us, “He who believes and is baptized will be saved” (Mark 16:16). Without water baptism, we cannot be saved or enter God's kingdom. Jesus asks us not only to believe but also to be baptized. When Apostle Peter preached to people about Jesus Christ, people asked him what they needed to do. He told them they needed to repent of and turn away from their sins and be baptized (Acts 2: 37, 38). They “who gladly received his word were baptized”

(Acts 2:41, NKJV). God expects every believer to be baptized.

God set up water baptism as a memorial to the death, burial, and resurrection of Christ (Romans 6:4-6). There is NONE in the world that is better than the water baptism. Paul says clearly that salvation can be found ONLY through Jesus Christ by which we must be saved (Acts 4:12).

When we bravely walk in the water to be baptized, we are telling the world that we CHOOSE to BELIEVE in Jesus Christ alone who CAN bury our sinful past and LEAD us in our new life. In addition, we show that we BELIEVE Jesus has the POWER to give us eternal life by the proof of His resurrection from death.

Water baptism requires great courage to stand up and follow Jesus Christ. There are some countries that do NOT allow water baptism. Anyone who is found to be baptized faces punishment or even death. Even in this country, some of our family members or friends may go against us

because they don't want us to change our life. Apostle John warns us in Revelation 12:10-12 that Satan is very angry with us because we choose to follow Jesus Christ. Water baptism is a "symbol" that God set up for us to show that we choose to be the disciples of Jesus Christ. Thousands upon thousands of people throughout the world in the past and today have gladly accepted Jesus and have been baptized. There will be more to be baptized in the future until Jesus Christ comes again.

If you feel the need to come to Jesus Christ to repent of your past sins and start a new life with His help, I invite you to walk in the water and be baptized soon. Contact Three Angels Deaf Ministries (3ADM) to find somebody who can prepare you for baptism. May God bless you.

Paul Kelly is a Deaf lay pastor and a teacher for the Deaf who lives in Rochester, NY.

Bible Health

By Alberta Blake



Jasmina007/Stockphoto

Does the Bible have anything to say about health? There are many verses in the Bible about health. The Bible gives stories of some people who lived healthful lives. The Bible also gives some stories of people who lived unhealthy lives.

Genesis is the first book in the Bible. It is the story of the “Beginnings.” God created the earth in six days. The order of creation week was important. By the sixth day of creation—when God made living animals

and man—the food line was already created. God told Adam and Eve what was to be their diet. The diet for human beings was to be every herb of the field that yields its seed and every tree whose fruit yields its seed. Their diet was similar to vegetarianism. The diet for the birds of the air and for all creeping animals was the herb of the field.

After God finished creating the world in six days, He rested from His work. God wanted people to rest on the seventh day,

too. He wanted people to stop and rest and worship Him, their Creator God. God wanted people to remember who made men and women, who gives food, life, water to drink, air to breathe, sunshine to enjoy the warmth and light of the day. God set the seventh day aside to rest, worship, and give Him honour and glory as man's Creator. Our bodies and minds still need a break from the busyness of the world in which we live.

God planned to destroy the earth with a flood of water because people became so bad. He told Noah to build an ark. It took Noah 120 years to build the ark. Noah took two of each kind of unclean animals into the ark, a male and female and 7 pairs of clean animals. Only Noah, his wife, his three sons and their wives entered the ark. No one else listened to Noah's pleading for men, women, boys and girls to enter the ark. After the flood Noah and his family were allowed to eat clean animals as part of the diet since there wasn't any other fresh plant food ready to eat.

God told people not to eat the flesh of the clean animals with blood in it. The life of the animal was in the blood. Man began to live a shorter life after they began to eat meat. Leviticus 11 gives advice as to what animals are clean and which ones are unclean. With all of the diseases in animals today and the concerns about too much fat in the diet, it is wise to avoid the use of meat, even the clean meats, if possible. It is easier today to make protein dishes from the plant foods.

Daniel and his three friends were Jewish captives to the Babylonian country in the next story we look at. The King of Babylon wanted the captives to eat the food served from his table because he thought it was such good food. Daniel and his three friends were not used to drinking wine and eating rich foods. They were used to a simple diet. The young men didn't want to eat food offered to idols. They wanted to keep their minds sharp and clear to serve their God and their country. The four young men

asked permission from the captain in charge of them if they could drink water and eat vegetables instead of the food from the king's table. The captain thought they would look sickly and become less intelligent. But, Daniel asked for only 10 days to try and see the difference between them and the other young people. Permission was given to Daniel and his three friends. After 10 days with much prayer and careful eating, they were brought before the captain. The captain saw the healthy, smiling faces and heard the answers given as they talked together. The captain realized that the four boys looked good and were smarter than the other boys. The captain gave the four young men permission to eat the simple diet (Daniel 1:8-16).

King Solomon, the wisest man that lived wrote about wine. Wine is a mocker and how alcoholic drink makes people want to fight and argue (Proverbs 20:1). An example of this goes back to the story of Noah after the flood when he became

drunk. Read about him in Genesis 9:21. Also King Solomon describes some of the problems people have who drink wine or alcoholic drink. Read Proverbs 23:29-35.

Another interesting point King Solomon makes in Proverbs 25:16, 27, is about eating honey. The King says eating a little honey is good for you but too much may make you sick. A person can say that about any sweet food—too much is not good for a person. A person needs to be in balance in what one eats or does in all of life—even in sleeping.

A great mental health law for each of us to follow is to remember what the wise man said about cheerfulness. Keep a merry (happy) heart and your health will show on your face. There will be a smile on your face and a twinkle in your eye. Just the opposite can happen if the heart is full of sorrow or the spirit is broken and health breaks. The face will show sadness and darkness (Proverbs 15:13; 17:22). Again, King Solomon says, "A merry

heart does good, like a medicine, but a broken spirit dries the bones” (Proverbs 17:22, NKJV).

I made a quick trip through the Bible from the beginning to the end to find some of the events or stories that included food. I wanted to know what the menu might have been. The diet was very simple but must have been very satisfying. Let’s begin the journey.

God’s menu for man in the beginning was fruit, nuts and seeds from herbs of the fields which would include grains. Abraham fed the Lord bread or cakes, a prepared calf, with milk and butter. Jacob fed Esau bread and lentil stew. Before the 10th plague was to fall upon the Egyptians God told Israelites to roast a lamb, have unleavened bread and bitter herbs. The children of Israel were given manna for food while spending 40 years in the wilderness before entering the promised land. In another place in the Bible manna was called “angel food.” It was bread sent from heaven and tasted like wafers with honey.

Abigail (Nabal’s wife) prepared a feast of food for David’s soldiers to prevent them from destroying her husband, his workers and family. Abigail brought bread, juice, sheep already dressed to eat, roasted grain, clusters of raisins, cakes of figs for David and his men to eat. Notice what happened to Nabal in the end of the story. Read the story in 1 Samuel 25.

Elijah was in hiding and God kept him alive with water from a brook, and with bread and meat brought in the morning and evening by ravens. Then a widow lady kept Elijah, herself and her son alive by making cakes from a little flour and oil she had until the famine was over and rain began to fall again. This story is found in 1 Kings 17 and 18.

Jesus was healing and sharing stories with many people. The people were getting very hungry after being with Jesus all day. Jesus blessed a little boy’s lunch of two small fish and five loaves of barley bread. Jesus fed five thousand men women and children. He fed

a similar menu to another four thousand people at another time.

Jesus fed his disciples fish that he roasted over a fire on the beach with some bread. Seven of Jesus disciples were fishing and didn't catch any fish. This happened after Jesus had died on the cross and was risen again.

There are many more times that foods are mentioned in the Bible but the details in the menus are not discussed.

Food is important for health as it keeps the body healthy. Poor choices of food can also lead to sickness of the body. The simpler the diet the better. Don't always eat the same foods every day. Eat different kinds of foods. The food must taste good, the food must smell good and the food must look good.

The Bible says, "So, whether you eat or drink, or whatever you do, do all to the glory of God" (1 Corinthians 10:31, ESV).

John's wish for his friend Gaius found in 3 John 2 is my wish for you now too. He

says, "Beloved, my prayer for you is that you may prosper in all things and be in health just as your soul prospers."

Whatever you do in life whether it be exercising, working, eating, drinking, playing sports, or whatever you do, do the very best you can. Live a balanced life. King Solomon again gives us words to live by in Ecclesiastes 9:10 (ESV), "Whatever your hand finds to do, do it with your might."

We started this article by discussing some health laws that were found in the first part of the Bible. Now we have come to the end of the Bible with a verse from the last part of the Bible. In Revelation 22:1, a river is flowing from God's throne in heaven. There is a tree in the middle of the street and on both sides of the river. The tree has a new kind of fruit that grows each month of the year. This tree is called the "Tree of Life." God's people will eat the fruit from this tree for food each month. All who keep God's commandments are blessed and can eat from that "Tree of Life."

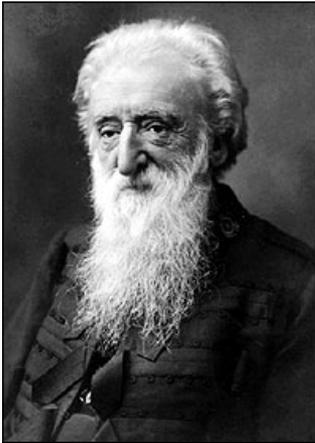
Jesus is coming again soon. He plans to take His people back to heaven with Him. Jesus and the Spirit invite us all to COME. I want to be ready and accept the

invitation, and eat from that Tree of Life. How about you?

Alberta Blake is a writer who is interested in health and lives in Clive, Alberta, Canada.

Dressed For Success

By C. L. Paddock



William Booth

Many years ago, a woman died in London. She was the best-dressed woman in all of Europe. She owned a thousand expensive dresses, many hats, and many pairs of shoes. But, she did not help the millions of half-clothed people in London.

A man lived in the same city. He had only one suit of clothes, but he lived to help

a thousand of London's poor people. He reached out and touched many poor people, and he led them to God. This man was very unselfish.

One person who had a thousand expensive dresses lived an empty, worthless life. Another person who had only one suit of clothes lived a thousand lives through helping hundreds of helpless men and women. One person lived for self; the other person forgot self and gave all he had to bless other people. When someone asked the secret of his success, General Booth—the founder of the Salvation Army—said it was because he had given God everything he owned.

Adapted and reprinted from Signs of the Times, October 2011.

Revelation's Money Meltdown

By Ed Dickerson

"Countries don't go out of business." Most of the time, rich and poor people believe this idea. But, recently many countries around the world are having serious financial (money) problems. This proves that this thinking is not true. For example, Greece is having very serious financial problems that can affect other countries, especially the European Union.

For many years, Greek governments have spent more money than they received from taxes and other incomes. Greek people have enjoyed big retirement pensions, short workweeks, and long vacations. This lifestyle has hurt the economy. The policies were very popular in this country, but now it is not anymore.

All of this was based on the idea that "countries don't go out of business." But countries are not the same as governments. Countries don't make money, sell bonds, or control economies. Governments do. And governments can go bankrupt. Greece no longer makes its own money. Greece uses the euro. Euro is a currency made by the "Eurozone." "Eurozone" is made up of 17 of 27 member states of the European Union. The other Eurozone countries have decided to bail out (give financial help) the Greek economy by offering the Greek government loans and

other financial helps. But, the Greek government must reduce its spending in order to get help from Eurozone countries. So far, the bailout has protected the value of euro. But, the Greek government bonds have received a "bad grade" status. Private lenders (banks, rich people, etc. give loans to the borrowers) are demanding 20 percent or more in interest on the loans given to Greece.

That is bad enough, but four other Eurozone countries—Portugal, Italy, Ireland, and Spain—are experiencing similar to Greece, but less serious debt problems. The financial problems can hurt the whole Eurozone. The global problems caused by 17 failing economies would be terrible. In the past when there were the global economic worries the bankers and investors (people who put money in the banks, stocks, etc. to make profit) could always depend on the world's safest currency—the United States dollar. But, major credit rating services, such as Moody's, Standard & Poor's, and others, have warned that the increasing American debt can hurt the U.S. Treasury bonds. High American debt can hurt the nation's standing as the world's leading economy. Many investors hold U.S. Treasury bonds as security. If the U.S. would fail to pay the loans, the U.S. problems would influence the whole world

immediately.

Walter Wriston said that the United States would continue as a nation with its people, resources (woods, minerals, foods, etc.), workforce, and industry. But the United States would have lost the most important support of its currency and its economy: trust. People look for places to put their money that they can trust. Would you trust a bank that loses all of the money? They want to know that what they have worked hard to earn is safe.

The U.S. debt usually was supported by the “the full faith and credit of the United States government.” If the world trusts our economy then U.S. bonds would be valuable and safe because everyone in the world trusted that the American government would pay off its debt. But debt that grows too large in comparison with the national income weakens that trust. When investors fear they will lose the wealth invested in U.S. bonds, they will move it quickly.

Our today’s financial problems look similar to Revelation 18. Revelation 18 tells about the fall of Babylon. “[The kings of the earth] will stand far off and cry: “Woe! Woe, O great city, O Babylon, city of power! In one hour your doom has come! The merchants of the earth will weep and mourn over her because no one buys their cargoes anymore—cargoes of gold, silver, precious stones and pearls; fine linen, purple, silk and scarlet cloth; every sort of citron wood, and articles of every kind made of ivory, costly wood, bronze, iron

and marble; cargoes of cinnamon and spice, of incense, myrrh and frankincense, of wine and olive oil, of fine flour and wheat; cattle and sheep; horses and carriages; and bodies and souls of men. . . . ‘Woe! Woe, O great city. . . . In one hour such great wealth has been brought to ruin!’ ” (Revelation 18:10-13, 16, 17, NIV).

In one hour?

It would be reasonable to believe that complete economic ruin could happen so quickly. For example, on October 19, 1987, stock markets around the world crashed. It started in Hong Kong. The crash spread quickly as markets opened throughout the day. The U.S. stock exchanges fell by more than 20 percent in a single day. And the global economy did not recover quickly. By the end of the month, less than two weeks later, the Hong Kong market had lost 45 percent of its value, Australia 42 percent, Spain 31 percent, the United Kingdom 26 percent, the United States 23 percent, Canada 22.5 percent, and New Zealand’s market fell almost 60 percent from its high point. In September of 2008, the “credit crunch” or the “global financial crisis” nearly brought the world financial system to a stop. What happened? Too many risky home mortgage loans had been made. Debtors (people who had mortgage on their houses) failed to pay for the loans.

In 2011 signs of a world financial collapse became real. Governments in charge of some of the world’s largest economies

struggled with growing debt and popular resistance to the government's cut-back plan. That government cut-back plan was designed to slow the increase of the debt. When credit service Standard & Poor's downgraded U.S. Treasury bonds for the first time in history, stock markets around the world dropped, and rose, and dropped again. The wild stock market caused the loss of trillions of dollars in value. But, U.S. Treasury bonds did gain value because investors worried about the European markets more than the U.S. market. More and more investors are losing their trust in the world's economies.

Are these continuing financial crises a fulfillment of Revelation 18? Maybe not. The book of Revelation has predictions of other events such as the rise of the antichrist and its mark of the beast. These events must happen before what happens in Revelation 18. The world's financial crises show that the sudden collapse of the world's economy in Revelation 18 can happen easily. I wish I could recommend a place where your life's savings will be truly safe. I know of only one.

In the Sermon on the Mount, Jesus said, "Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moth and rust do not destroy, and where thieves do not break in and steal" (Matthew 6:19, 20).

So, there is no security on

this earth. The events shown in Revelation 18 will happen for sure. The idea of earthly security is false.

Does this mean we should withdraw our savings and send them all to some charity? Jesus did approve of savings and investing (Matthew 25:14-30). We have a duty to be faithful stewards of the wealth God gives us. He expects faithful servants to invest wisely. It is not money that is the root of all evil. Love of money is the root of all evils. Riches are not evil, but trusting in riches is evil (see 1 Timothy 6:10; Psalms 49:6; Psalm 52:7; Psalm 62:10; Proverbs 11:28).

In John's days, wealth was made of "things"—gold, silver, wool, silk—and 17 other items that he lists in Revelation 18:12. Moth and rust might reduce the values of these items. Today's "treasures" are based on the numbers in your bank's statements and stockbrokers' computers. They can be transferred electronically in a fraction of a second anywhere in the world. Moth or rust cannot touch them. But now they can be harmed by riots half a world away because of the decisions made by foreign bankers, or even the choices made by the governments years ago.

Countries don't go out of business, but they cannot give security, either. Only God can.

Adapted with permission from the author, Ed Dickerson. His article was printed in Signs of the Times, October 2011.

Some Women Are Trying to Be Like a Famous Barbie Doll

By Francisca Trexler



Kalispoto/Stockphoto.com

Today, there are many different kinds of exercise programs everywhere. Also the rage of taking diet pills to battle against overweight in our country. What is the problem? Are we trying to look beautiful and thin like a Barbie doll? Barbie is just a doll. They seem to be in perfect health, but again it is

just a doll. No one can be perfect like Barbie doll.

Exercise is very good for all of us. We can exercise three times a week instead of every day to be in fit and in health. But we need to be careful about not getting too much exercise like some people do. Some people are overdoing exercise that can be harmful. Some women are more concerned about their self-worth by looking at the mirror too much.

Fitness has tied with self-worth for American women, 77% of whom think they are overweight. 50 to 80% of fourth grade girls are dieting. Fourth graders! Barbie Effect (Epigee Women's Health by Google) says that "More than 100 girls aged between 5 and 7 looked at books reading

a story about shopping and dressing for a birthday party. Some of the books showed images of Barbie dolls, . . . The girls who had seen the Barbie pictures had less body self-worth and a greater desire to be thin. Researchers found that early exposure to unrealistic pictures of too thin body shapes may damage a girl's body image. This, in turn, leads to the increased risk of eating disorders (anorexia) with cycles of weight gain and loss and also bulimia disorder.”

Exercise regularly and in balance is good for our health. It is also promoting healthy mind with positive thinking. This is what God created us for who we are and what we do for God with a clear mind. America's media put much emphasis on the image of American women as tall, thin with the figure eight shape, and intelligent. That is why the people feel negative about their own outward looks. People are more interested in appearance than what is inside. For God, He is more interested in what is inside of

the person, not the outward self. God is interested in seeing that the beauty and attractiveness come from the growth of the inner self toward God (1 Peter 3:3-5).

A true Christian has healthy self-worth because she knows that she is a worthy person because of God's love. Wow, God is great! “How great is the love the Father has given us so freely! Now we can be called children of God. And that's what we really are! The world doesn't know us because it didn't know him [Jesus]” (1 John 3:1). It is beautiful to feel good that we are children of God because God loves us all.

The best way is to believe in your own heart that Jesus values you more than anything in the world. Let us leave the desire for continual self-fulfillment (self-satisfy). Your body belongs to God as what the Bible says in 1 Corinthians 6: 19, 20.

Here is an example: A young man, who was a great wrestler in a high school, lived in a beach community. That time

he had a great desire to improve his appearance through weight lifting. But he confessed to a small group at his church that he spent so much time and money on trying to improve his physical appearance when he tried to follow God's will. He searched for clothing to match his surfer look. He admitted that he felt guilty about spending too much time working on his appearance while he wants to spend more time on praying and reading the Bible. He asked his group at the church to pray for him in his struggle.

You can see that the young man spent so much money and time on his appearance and fitness. He still felt empty inside. Paul, in the Bible, said: "Don't let the world squeeze you into its own mold, but let God remold your minds from within" (Romans 12:2, Phillips). God himself remolds our thoughts about our bodies according to eternal standards of attractiveness. We can enjoy the peace from God and ignore the world's high expectation of

their own perspective on appearance. Philippians 4:12 (NIV)—"I know what it's like not to have what I need. I also know what it's like to have more than I need. I have learned the secret of being content no matter what happens. I am content whether I am well fed or hungry. I am content whether I have more than enough or not enough." We need to keep that in our mind that God already accepts you for who you are and look like. See Psalm 18:19. God loves you as who you are! Is that great about God's love? Whenever you see yourself in the mirror again, tell yourself—"This is me, God rescued me whom God delights in." Let God help you. It is not easy to live differently from our culture. Yes, it seems impossible without prayers! Let us pray continually to withstand the temptations and ask God to help you to focus your life on your growing relationship with Jesus, not on the deception of the culture.

Francisca Trexler is a Deaf writer who lives in Lanham, MD.

Vegetarian Recipe

Banana Bread

Most banana bread recipes are made with much butter and sugar. But, this one uses a small amount of canola oil, which is much better for your heart, and honey, which means lots of flavor. Don't use regular whole-wheat flour because it is too heavy for this recipe. Try whole-wheat pastry flour instead.

Ingredients:

- 3 very ripe bananas
- 1/2 cup honey
- 3 Tablespoons canola oil, plus a little more for oiling the loaf pan
- 1 teaspoon pure vanilla extract (non-alcohol)
- 1 1/2 cup whole-wheat pastry flour
- 1 1/2 teaspoon baking soda (aluminum free)
- 1/4 teaspoon salt
- 3/4 cup chopped walnut or pecans

Method:

1. Heat the oven to 350 degree F. Lightly oil loaf pan.
2. Mash the bananas and mix with honey, canola oil, and vanilla extract.
3. Stir together the whole-wheat pastry flour, baking soda and salt. Add the nuts.
4. Blend the two mixtures and spoon into the loaf pan. Bake for 40 minutes.
5. Enjoy banana bread!

For your information:

Native to the Caribbean and Central America, bananas are one of America's favorite fruits. They are rich in potassium—one banana has 450 mg, or one/fifth of the adult daily requirement (and gives a good dose of magnesium, too).

Free Bible Course for Deaf People

God's Way is a 24-lesson Bible study course for Deaf people.



God's Way answers such questions as:

- Who is God?
- Does God love me?
- Where did our Bible come from?
- Why do I have trouble?
- Does God hear my prayers?
- Who are the angels?
- Where do I go when I die?
- Is Jesus coming soon?

Now, we have a course in Spanish! Please choose which language.

ENGLISH

SPANISH

If you live in the USA, you can take our FREE God's Way Bible correspondence course by mail or online. If you live outside of the USA, you can take our FREE God's Way Bible course online:

www.DeafBibleSchool.com

Send to: **Deaf Bible School
PO Box 6114
Mesa, AZ 85216-6114**

Yes, I live in the USA.

I am deaf: Yes No

Name _____

Address _____

City _____ State _____ Zip Code _____

Please allow 2-4 weeks for your first lesson to come.

Three Angels Deaf Ministries

P.O. Box 6114

Mesa, AZ 85216-6114

Address Service Requested